



MIZIWE BIIK

Aboriginal Employment and Training

Mental Health First Aid Workshop

Attend online over
two days

January 21-22 from
12:30-3:30 PM



Email Reception@miziwebiik.com
to register.

All participants will need to fill out a
new Miziwe Biik Registration Form.

DISCLAIMER: This workshop is to provide effective understanding and tools when dealing with persons in a mental health crisis. If you currently need support in navigating your own mental health please seek professional help at Anishnawbe Health Toronto.