



## **MENTAL HEALTH FIRST AID CANADA**

Location: 167 Gerrard St. East

- A comprehensive program of the Mental Health Commission of Canada with no experience necessary
- Participants gain skills in providing help to a person developing a mental health problem or experiencing a mental health crisis
  - Learn valuable crisis intervention
  - receive a Mental Health First Aid Certificate

## **SESSIONS**

**Two Day Workshop**

**April 25<sup>th</sup> & 26<sup>th</sup> , 2017**

**9 am to 4 pm**

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