



Employment Essentials Program

MIZIWE BIIK ABORIGINAL EMPLOYMENT AND TRAINING

**Are you an Ontario Works recipient?
Are you interested in Employment or Training?**

Our program provides you with the skills and tools you need to break through your job search barriers. Our **6 weeks ½ day workshops** and supportive follow-up employment counselling sessions can make the difference between job seeking and success

**Ask your Ontario Works Caseworker for an
Employment Essentials Referral Form**

TOPICS COVERED

GETTING STARTED

- PERSONALITY DIMENSIONS
- SELF-ESTEEM BUILDING
- GOAL SETTING
- SKILLS PROFILING
- REFERRAL TO SUITABLE IMPRESSIONS (\$150.00 value)

TECHNICAL

- CAREER CRUISING
- PROVEIT
- RESEARCH SKILLS

JOB SEARCH PREPARATION

- RESEARCH SKILLS
- RESUME
- COVER LETTER
- NETWORKING
- INTERVIEW SKILLS



Next Session

JULY 24 2017

OW Supports include Transportation Allowance

Program is not open to ODSP clients

167 Gerrard St. E - Toronto Ontario - M5A 2E4 - (416) 591-2310
denise@miziwebiik.com - Web Page: www.miziwebiik.com